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dr. Vita Camellia, Sp.KJ adalah seorang Dokter Spesialis Kejiwaan, dimana tempat praktik beliau berada di Rumah Sakit Sri Pamela dan RS Adam Malik. Beliau fokus mengevaluasi psikiatrik terhadap pasien untuk menentukan diagnosis yang tepat, merencanakan dan melaksanakan rencana perawatan yang sesuai, seperti pengaturan obat-obatan psikotropika, terapi bicara, atau terapi perilaku kognitif, serta memberikan perawatan jangka panjang dan pemantauan untuk memastikan kesehatan mental yang optimal bagi pasien.

Publications

2023

Jurnal internasional

Depressive Syndrome and Osteoarthritis: A Predictive Factors Analysis in Outpatient at the University of North Sumatra Hospital

VITA CAMELLIA

2025

Jurnal internasional bereputasi

Demographic Influences on Sleep Quality in Caregivers of Children with Intellectual Disabilities: Implications for the 3rd SDGs

ELMEIDA EFFENDY , MUSTAFA MAHMUD AMIN , VITA CAMELLIA

2019

Jurnal internasional bereputasi

Screening of mental disorders related cd4 count of people living with hiv/aids with anti-retroviral treatment in Medan, Indonesia

VITA CAMELLIA

2023

Jurnal internasional

Differences in Selenium Levels between People with Schizophrenia and Control Groups

VITA CAMELLIA

2019

Jurnal internasional bereputasi

Open trial of the addition of divalproex sodium for improving the symptoms of Batak and non-Batak males with schizophrenia in North Sumatra, Indonesia

VITA CAMELLIA

2021

Jurnal internasional bereputasi

The augmentation effect of n-acetyl cysteine antioxidant on superoxide dismutase levels in schizophrenic patients treated with risperidone

VITA CAMELLIA

2022

Jurnal internasional bereputasi

Factors Associated with Anxiety Scores in Patients with Stable Angina Pectoris in Cardiology Outpatient Clinic of Universitas Sumatera Utara Hospital

VITA CAMELLIA

2018
Jurnal internasional bereputasi

Correlation among personal, social performance and cognitive impairment in male schizophrenic patient

VITA CAMELLIA

2021
Jurnal internasional bereputasi

Factors associated with psychological distress of online drivers in Medan regency, North Sumatera, Indonesia

VITA CAMELLIA

2023
Jurnal internasional bereputasi

Validity and reliability of the Indonesian version of the Scale for the Assessment of Negative Symptoms

MUSTAFA MAHMUD AMIN , VITA CAMELLIA , ELMEIDA EFFENDY , AHMAD KAMIL

2026
Jurnal internasional bereputasi

The correlation between interleukin-6 levels and quality of life in late-stage breast cancer patients with anxiety syndrome at Haji Adam Malik General Hospital, Medan

MUSTAFA MAHMUD AMIN , ELMEIDA EFFENDY , VITA CAMELLIA , KAMAL BASRI SIREGAR , ELLA YUNITA DAULAY

2023
Lain-lain

Pemberdayaan Lansia dalam Mencapai Succesfull Aging Melalui Ekonomi KReatif Industri Rumah Tangga Kelompok Lansia "GLAMUR"

KHAIRUNNISA , M. Ichwan , Farah Dhiba , VITA CAMELLIA

2018
Tulisan ilmiah

Association between education, length of exposure and economic level with depression

VITA CAMELLIA

2019
Jurnal internasional bereputasi

The comparison of hospital anxiety and depression scale-anxiety scores between female caregivers of people with schizophrenia according to gender difference

VITA CAMELLIA

2019
Jurnal internasional bereputasi

Sociological and psychological factors on prohibited substances abuse in rehabilitation centre of Medan City, Indonesia

VITA CAMELLIA

2019
Jurnal internasional bereputasi

The Indonesian Version of Montreal Cognitive Assessment (MoCA-Ina): The Difference Scores Between Male Schizophrenia Prescribed by Risperidone and Adjunctive of Donepezil in Public Hospital of Dr Pirngadi Medan, Indonesia

VITA CAMELLIA

2019
Jurnal internasional bereputasi

The difference of fasting blood sugar of male patients with schizophrenia treated with flexible dose between aripiprazole and risperidone in medan, Indonesia

VITA CAMELLIA

2023
Jurnal internasional

2022

Prosiding seminar internasional

The Relationship of Psychosocial Factors on Amphetamine Substance Addiction in Rehabilitation Medan Plus, Indonesia

VITA CAMELLIA , ELMEIDA EFFENDY

2019

Jurnal internasional bereputasi

Brain-derived neurotropic factor serum level and severity symptom of batakese male patients with schizophrenia in North Sumatera, Indonesia

VITA CAMELLIA

2022

Jurnal internasional bereputasi

Difference of Anxiety Subscale and Depression Score in Methamphetamine Abuse Prior and after Abstinence Over the Course of Three Weeks in Rehabilitation Center of Medan Plus

VITA CAMELLIA

2017

Tulisan ilmiah

Relationship of Smoking and Anxiety Levels on Student Faculty of Medicine, University of North Sumatra Semester II Academic

VITA CAMELLIA

2025

Jurnal nasional terakreditasi

The Association Between Sociodemographic Factors, Onset and Duration of Illness With Personal and Social Performances in Outpatient Chronic Schizophrenia in Stabilization Phase

M. JUSUF RACHMATSYAH , RIRI ANDRI MUZASTI , Alyya Andini Syafitri , VITA CAMELLIA

2019

Tulisan ilmiah

Efektivitas intervensi psikoedukasi keluarga terhadap kekambuhan pasien skizofrenia

VITA CAMELLIA

2023

Prosiding seminar internasional

Relationship between Demographic Characteristics and Anxiety Syndrome in Advanced-Stage Breast Cancer Patients

VITA CAMELLIA , ELMEIDA EFFENDY , SADAR ROHANA BR MANIK , MUSTAFA MAHMUD AMIN , KAMAL BASRI SIREGAR

2025

Jurnal internasional

Postpartum Depression in the Heat of Tradition: A Transcultural Case of Mararang

VITA CAMELLIA , JULI PERMATASARI

2026

Jurnal internasional bereputasi

The correlation between polymorphism of interleukin 3 receptor alpha Rs6603272 G/T gene with negative symptoms in Batakese schizophrenia patients.

ZULHAM , ELMEIDA EFFENDY , MUSTAFA MAHMUD AMIN , VITA CAMELLIA , DIKA ASRIKA ASRUL

2019

Jurnal internasional bereputasi

The correlation between the level of anxiety according to the hospital anxiety and depression scale-anxiety subscale with the duration of illness, the age of the caregiver, and the age of first illness in the biological mother who takes care of boys with

VITA CAMELLIA

2020
Jurnal internasional bereputasi

Differences in Depression Based on Stigma among Caregiver Female of People with Schizophrenia

VITA CAMELLIA

2008
Tulisan ilmiah

Sindrom Metabolik pada Pasien Skizofrenik Rawat Jalan

VITA CAMELLIA

2021
Jurnal internasional bereputasi

Factors associated with cognitive score in people with schizophrenia at prof. Dr. m. ildrem mental hospital medan

VITA CAMELLIA

2022
Jurnal internasional bereputasi

Difference of Psychological Distress among First- and Third-year Indonesian Medical Students

VITA CAMELLIA

2025
Prosiding seminar internasional

When Psychosis Leads to Murder: A Case Report of Parricide in a Paranoid Schizophrenia Patient

VITA CAMELLIA , Ruth Dame Fraeny Aritonang

2025
Prosiding seminar nasional

Model Kolaboratif Peningkatan Akses Rumah Rehabilitasi Narkoba melalui Edukasi dan Pendampingan

ZULFENDRI , VITA CAMELLIA

2021
Jurnal internasional bereputasi

Differences between tumor necrosis factor-alpha levels and interleukin-2 levels in people with schizophrenia who get risperidone drugs in the acute phase of treatment in the prof. Dr. m. ildrem psychiatric hospital, medan

VITA CAMELLIA

2015
Jurnal internasional bereputasi

RELATIONSHIP BETWEEN THE LEVEL OF COMPLIANCE WITH TREATMENT, DEMOGRAPHIC CHARACTERISTICS AND DURATION OF ILLNESS IN PATIENTS SCHIZOPHRENIC

VITA CAMELLIA

2024
Jurnal nasional terakreditasi

Distress-reducing strategies for enhancing students' ability to cope with psychological challenges associated with online learning

ZULFENDRI , VITA CAMELLIA , KHAIRUNNISA , FARAH DHIBA , MUHAMMAD RIO KHADDAFI

2026
Jurnal internasional bereputasi

The correlation between interleukin-6 levels and quality of life in late-stage breast cancer patients with anxiety syndrome at Haji Adam Malik General Hospital, Medan

VITA CAMELLIA , ELLA YUNITA DAULAY

2023
Jurnal internasional

Peripartum Psychosis in Eclamptic Mothers: A Case Report

VITA CAMELLIA

2020

Jurnal internasional bereputasi

The depression level of women suffering domestic violence in Medan, Indonesia

VITA CAMELLIA

2019

Jurnal internasional bereputasi

Screening of anxiety and depression related cd4 count of people living with HIV/aids with anti-retroviral in Medan, Indonesia

VITA CAMELLIA

2020

Jurnal internasional bereputasi

Relationship between caregiver burden and expressed emotion in families of schizophrenic patients

VITA CAMELLIA

2019

Jurnal internasional bereputasi

Affective psychopathology towards the quality of life of breast cancer patients with radiotherapy in medan, Indonesia

VITA CAMELLIA

2025

Jurnal internasional

Principles of Life (Hamoraon, Hagabeon, Hasangapon) and the Impact on Depression in a Male Patient: A Case Report

VITA CAMELLIA

2022

Jurnal internasional bereputasi

Factors Associated with Games Addiction among Internet Game Players Visiting Internet Gaming Cafes in Northern Sumatera

VITA CAMELLIA

2021

Jurnal internasional bereputasi

Associated risk factors in psychological distress among individuals with methamphetamine abuse

VITA CAMELLIA

2025

Jurnal internasional bereputasi

Identification as a Randomized Trial of Piracetam Medication on the Protein and mRNA Expressions of GFAP, Calmodulin-2, and Gelsolin in Brain Tissue of Rat Fetuses from a Pregnant-Rat Periventricular Leukomalacia Model

VITA CAMELLIA , DUDY ALDIANSYAH , RUSDIANA

2025

Jurnal internasional bereputasi

Cognitive impairment and elevated neutrophil- to-lymphocyte ratio and monocyte-to- lymphocyte ratio in schizophrenia

MUSTAFA MAHMUD AMIN , ELMEIDA EFFENDY , RISKI SYAHNA , VITA CAMELLIA , ZULHAM

2019

Jurnal internasional bereputasi

Differences in Total Score of Positive and Negative Syndrome Scale between Batakese and Javanese Men with Schizophrenia Receiving Risperidone Treatment

VITA CAMELLIA

2019

Jurnal internasional bereputasi

Indonesian version of addiction rating scale of smartphone usage adapted

Researches

2025

Strategi Penyusunan Kebijakan Kesehatan Mental yang Responsif dalam Meningkatkan Kesejahteraan Psikososial Masyarakat

ZULFENDRI , WARJIO , VITA CAMELLIA

2025

SKRINING KESEHATAN MENTAL REMAJA PADA MAHASISWA BARU UNIVERSITAS SUMATERA UTARA DALAM PEMANFAATAN APLIKASI TRACKER MOOD

R KINTOKO ROCHADI , ZULFENDRI , VITA CAMELLIA

2025

ANALISIS FAKTOR-FAKTOR USIA, STATUS PERNIKAHAN, STATUS PARENTAL, SUKU, AKTIVITAS FISIK, LAMA DAN UNIT KERJA TERHADAP TINGKAT STRES DAN KECEMASAN PERAWAT PEREMPUAN

ELMEIDA EFFENDY , VITA CAMELLIA , RACHMAN AZIZ

2024

PENGEMBANGAN PLATFORM TELEMEDICINE MENTATBLINK DALAM MENGHUBUNGKAN PASIEN TUBERKULOSIS DENGAN DUKUNGAN KESEHATAN MENTAL SECARA JARAK JAUH

ZULFENDRI , VITA CAMELLIA , FILDZA SYARAFINA , NABILAH RASYA MUSDAH

2025

Korelasi Skor Positive And Negative Syndrome Scale Terhadap Profil Hematologi Setelah Pemberian Risperidon Selama 2 Minggu Pada Pasien Perempuan Dengan Skizofrenia

VITA CAMELLIA

2024

Penelitian Fundamental

Efek Preventif Ekstrak Etanol Daun Binahong (*Anredera cordifolia*) terhadap Gangguan Kognitif pada Tikus yang Diberikan Obat Kemoterapi

M. Ichwan , NENNI DWI APRIANTI LUBIS , VITA CAMELLIA , BRAM NATANAEL SEMBIRING , Asyrafun Nisa Adelaidey

2024

Identifikasi Gejala Gangguan Kesehatan Mental, Faktor Predisposisi, dan Dampaknya terhadap Kualitas Hidup Pasien Hipertensi Usia Muda: Studi Longitudinal Multicentre

MUSTAFA MAHMUD AMIN , ELMEIDA EFFENDY , VITA CAMELLIA

2025

Penelitian Dana Lokal Perguruan Tinggi

STRATEGI PENYUSUNAN KEBIJAKAN KESEHATAN MENTAL YANG RESPONSIF DALAM MENINGKATKAN KESEJAHTERAAN PSIKOSOSIAL MASYARAKAT

ZULFENDRI , WARJIO , VITA CAMELLIA , LOVITA KARINA BR BANGUN , RISA AZZAHRA NASUTION

2023

Pengembangan Aplikasi Tracker Mood Berbasis Komunitas Untuk Mendukung Kesehatan Mental di Lingkungan Sekolah dan Perguruan Tinggi

ZULFENDRI , ARFAH MARDIANA LUBIS , VITA CAMELLIA , ARMAYA YOGA PUTRI , FILDZA SYARAFINA

2025

Talenta Conference Series: Agricultural and Natural Resources

KHAIRUNNISA , M. Ichwan , VITA CAMELLIA , Farah Diba

2025

PENINGKATAN AKSES DAN PEMANFAATAN RUMAH REHABILITASI NARKOBA MELALUI EDUKASI KESEHATAN, PENDAMPINGAN PSIKOSOSIAL, DAN SINERGI DENGAN PEMANGKU KEPENTINGAN

ZULFENDRI , VITA CAMELLIA

2025

STRATEGI PENYUSUNAN KEBIJAKAN KESEHATAN MENTAL YANG RESPONSIF DALAM MENINGKATKAN KESEJAHTERAAN PSIKOSOSIAL MASYARAKAT

WARJIO , VITA CAMELLIA

2023

“Pemberdayaan Lansia dalam mencapai succesful aging melalui ekonomi kreatif industri rumah tangga”

VITA CAMELLIA

2025

“Pemberdayaan model teman sebaya untuk penerapan strategi regulasi emosi dalam pencegahan perilaku berisiko dan pemahaman kesehatan reproduksi pada remaja perempuan”

VITA CAMELLIA

2025

Dies Natalis FK USU Ke-73

VITA CAMELLIA

2021

Strategi Meningkatkan Kemampuan Menangani Distres Psikologik Terkait Pembelajaran Online Pada Dosen dan Mahasiswa

KHAIRUNNISA , VITA CAMELLIA

2023

Pemberdayaan Lansia Dalam Mencapai Succesfull Aging Melalui Ekonomi Kreatif Industri Rumah Tangga Kelompok Lansia Glamur

KHAIRUNNISA , M. Ichwan , VITA CAMELLIA

2023

Pengabdian masyarakat akbar TBM FK USU PEMA FK USU

VITA CAMELLIA

2023

Kerjasama Luar Negeri dan Publikasi Internasional

Skrining Retinopati Diabetik pada pasien diabetes di layanan primer di Kota Medan dengan menggunakan teknologi Artificial Intelligence

MASITHA DEWI SARI , M. Ichwan , M ARON PASE , VITA CAMELLIA , ZATI BAYANI , DANIEL S. PANDAPOTAN SARAGIH , BRAM NATANAEL SEMBIRING , ELPIANI BR DEPARI , M. ARYA MUQITA LUBIS , ISABELLA ANJANI PUTRI SELIAN , ROSNI AMANDA PUTRI , FARHAN ZAIDI HARAHAHAP , DESY ARYANI HARAHAHAP , NUR HASANAH , Dr Phillips Schapotschnikow

2025

PENINGKATAN AKSES DAN PEMANFAATAN RUMAH REHABILITASI NARKOBA MELALUI EDUKASI KESEHATAN, PENDAMPINGAN PSIKOSOSIAL, DAN SINERGI DENGAN PEMANGKU KEPENTINGAN

ZULFENDRI , VITA CAMELLIA

Intellectual Property Rights

2019

Paten nasional

KAPSUL EKSTRAK AIR Centella Asiatica UNTUK MENGOBATI GANGGUAN AKIBAT PENGGUNAAN PSIKOSTIMULAN

VITA CAMELLIA , M. Ichwan

2019

Hak cipta nasional

Tracker Mood

RAHMI AMELIA LUBIS , ARFAH MARDIANA LUBIS , ZULFENDRI , VITA CAMELLIA
