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Dosen Program Studi Sp-1 Ilmu Penyakit Dalam
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Dr. dr. Taufik Sungkar, M.Ked(PD), Sp.P.D., Subsp. G.E.H.(K) merupakan dosen dan konsulen di Fakultas Kedokteran Universitas Sumatera Utara (FK USU). Beliau adalah dokter spesialis penyakit dalam dengan keahlian subspecialis gastroenterohepatologi konsultan. Dalam kiprahnya, dr. Taufik Sungkar aktif menjalankan peran sebagai pendidik klinik, pengajar pada Program Pendidikan Dokter Spesialis (PPDS), serta terlibat dalam pelayanan kesehatan rujukan, khususnya di bidang penyakit saluran cerna dan hati. Komitmen beliau terhadap pengembangan ilmu kedokteran tercermin melalui keterlibatan dalam kegiatan akademik, penelitian, dan pengabdian kepada masyarakat. Beliau juga aktif mendukung Tri Dharma Perguruan Tinggi: pendidikan, penelitian, dan pengabdian kepada masyarakat.

Publications

2022

Jurnal nasional terakreditasi

PERBEDAAN KADAR MPV/PLT RASIO DAN FERRITIN PADA PASIEN HEPATITIS B KRONIK DENGAN SIROSIS ATAU TANPA SIROSIS

TAUFIK SUNGKAR

2023

Jurnal nasional terakreditasi

PERBEDAAN KADAR PENTRAXIN 3 PADA PENDERITA HEPATITIS B KRONIS DENGAN CIRROSIS DAN TANPA CIRROSIS

TAUFIK SUNGKAR

2023

Jurnal nasional terakreditasi

Correlation of Fibrinogen and Inr Value with The Incidence of Esophageal Variceal Bleeding in Liver Cirrhosis Patients at H. Adam Malik General Hospital, Medan

TAUFIK SUNGKAR

2017

Jurnal internasional bereputasi

Serum VEGF Levels in Helicobacter pylori Infection and Correlation with Helicobacter pylori cagA and vacA Genes

TAUFIK SUNGKAR

2024

Jurnal nasional terakreditasi

Association between Body Mass Index (BMI) and the Incidence of Non-Alcoholic Fatty Liver Disease (NAFLD)

TAUFIK SUNGKAR

2023

Jurnal nasional terakreditasi

Correlation between Helicobacter Pylori Caga Antibody Serum and Gastric Premalignant Lesions in Helicobacter Pylori Patients

TAUFIK SUNGKAR

2025
Jurnal internasional bereputasi

Accuracy of Neutrophil-Lymphocyte Ratio as a Predictor of Hepatocellular Carcinoma (HCC) Incidence in Patients with Chronic Hepatitis B at Haji Adam Malik General Hospital Medan

TAUFIK SUNGKAR

2020
Jurnal internasional bereputasi

Intravenous Umbilical Cord-derived Mesenchymal Stem Cells Transplantation Regulates Hyaluronic Acid and Interleukin-10 Secretion Producing Low-grade Liver Fibrosis in Experimental Rat

TAUFIK SUNGKAR

2023
Jurnal nasional terakreditasi

Correlation Between Helicobacter Pylori VacA Antibody Serum and Gastric Premalignant Lesions in Helicobacter Pylori Patients

TAUFIK SUNGKAR

2021
Jurnal internasional bereputasi

Pancreatic Injury and Coronavirus Disease-2019

TAUFIK SUNGKAR

2021
Jurnal internasional bereputasi

Anti-fibrotic effect of intravenous umbilical cord-derived mesenchymal stem cells (UC-MSCs) injection in experimental rats induced liver fibrosis

TAUFIK SUNGKAR

2019
Jurnal internasional bereputasi

Serum ferritin levels: A potential biomarker to represent child-turcotte-pugh score among decompensated liver cirrhosis patients

TAUFIK SUNGKAR

2022
Jurnal nasional terakreditasi

Umbilical cord-derived mesenchymal stem cells improves hepatic fibrosis in rat model of liver fibrosis

TAUFIK SUNGKAR

2024
Jurnal internasional bereputasi

The Role of Folic Acid in Gastric Precancerous Lesion: A Literature Review

TAUFIK SUNGKAR

2019
Jurnal internasional bereputasi

The effect of mesenchymal stem cells for the reduction of liver fibrosis through platelet derived growth factor α regulation in rats

TAUFIK SUNGKAR

2020
Jurnal nasional terakreditasi

Comparison of Carcinoembryonic Antigen Serum Levels in Colorectal Cancer Patients with Different Histopathological Grades

TAUFIK SUNGKAR

2026
Jurnal internasional bereputasi

Prophylactic use of rectal diclofenac in mitigating post endoscopic retrograde cholangiopancreatography pancreatitis risk and severity: low- vs high-dose efficacy and timing strategies— a meta-analysis

TAUFIK SUNGKAR

2019
Jurnal internasional bereputasi

Neutrophil-to-Lymphocyte Ratio (NLR) and its Correlation with Severity of Decompensated Liver Cirrhosis based on Child-Turcotte Pugh (CTP) Score

TAUFIK SUNGKAR

2024
Jurnal nasional terakreditasi

Differences in MPV (Mean Platelet Volume) / Lymphocytes Ratio In Chronic Hepatitis B with and without Cirrhosis Hepatic

TAUFIK SUNGKAR

2023
Jurnal internasional bereputasi

Proprotein convertase subtilisin/kexin type 9 (PCSK9) as a marker of coronary lesion severity in stable coronary artery disease (CAD) patients

TAUFIK SUNGKAR

2025
Jurnal internasional bereputasi

Determinants of Frailty Status in Elderly Patients with Permanent Pacemakers at Adam Malik Hospital, Medan

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2025
Jurnal nasional terakreditasi

Efficacy of tenofovir treatment in chronic hepatitis B

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2024
Jurnal nasional terakreditasi

Antimicrobial Properties of Pliek U as Traditional Acehnese Fermented Spices

TAUFIK SUNGKAR

2023
Jurnal nasional terakreditasi

Correlation of Fatty Liver Imaging on Abdominal CT Scan with Dyslipidemia in Haji Adam Malik General Hospital in 2020

TAUFIK SUNGKAR

2024
Jurnal internasional bereputasi

An Efficacy and Safety Comparison of Regorafenib and Nivolumab in Unresectable Hepatocellular Cancer Patients: A Systematic Review

TAUFIK SUNGKAR

Researches

2021
Pancreatic injury and coronavirus disease-2019

GONTAR ALAMSYAH SIREGAR , TAUFIK SUNGKAR

2019
Serum ferritin levels: A potential biomarker to represent child-turcotte-pugh score among decompensated liver cirrhosis patients

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2019
Neutrophil-to-Lymphocyte Ratio (NLR) and its Correlation with Severity of Decompensated Liver Cirrhosis based on Child-Turcotte Pugh (CTP) Score

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2022

Umbilical cord-derived mesenchymal stem cells improves hepatic fibrosis in rat model of liver fibrosis

TAUFIK SUNGKAR

2025

Epigenetic modifications in hepatocellular carcinoma: A literature review

TAUFIK SUNGKAR

2025

Efficacy of tenofovir treatment in chronic hepatitis B

TAUFIK SUNGKAR

2020

Intravenous Umbilical Cord-derived Mesenchymal Stem Cells Transplantation Regulates Hyaluronic Acid and Interleukin-10 Secretion Producing Low-grade Liver Fibrosis in Experimental Rat

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2026

Prophylactic use of rectal diclofenac in mitigating post endoscopic retrograde cholangiopancreatography pancreatitis risk and severity: low- vs high-dose efficacy and timing strategies— a meta-analysis

TAUFIK SUNGKAR

2019

The effect of mesenchymal stem cells for the reduction of liver fibrosis through platelet derived growth factor beta regulation in rats

TAUFIK SUNGKAR

2021

Anti-fibrotic effect of intravenous umbilical cord-derived mesenchymal stem cells (UC-MSCs) injection in experimental rats induced liver fibrosis

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Community Services

2022

Pengabdian masyarakat akbar FK USU 2022

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2022

Penyuluhan dan skrining infeksi helicobacter pylori pada penduduk di Desa Boho, Pulau Samosir pada tahun 2022

TAUFIK SUNGKAR

2025

Penyuluhan penyakit hepatitis

TAUFIK SUNGKAR

2025

Puskesmas Ambarita Kabupaten Samosir, dalam rangkaian acara Summer Course Global Health FK USU 2025

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2025

Kegiatan kemasyarakatan Bencana Banjir wilayah Sumatera Utara

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2022

penyuluhan dan deteksi dini Batu empedu (kolelitiasis) di klinik pratama Kandir pada tahun 2022

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