

# Dr. dr. Hilma Putri Lubis, M.Ked(OG).,Sp.OG(K)

Dosen Program Studi Sp-1 Obstetri dan Ginekologi  
Fakultas Kedokteran  
Universitas Sumatera Utara

✉ [hilma.putrilubis@usu.ac.id](mailto:hilma.putrilubis@usu.ac.id)

📍 Jln. Cardiac Center, Gedung Paviliun Lt. 1 RSUP H. Adam Malik

🌐 [fk.usu.ac.id/id/dosen/hilma-putri-lubis](http://fk.usu.ac.id/id/dosen/hilma-putri-lubis)

## Publications

---

2021

Jurnal internasional bereputasi

### **Evaluation of Uterine Cavity Abnormality using Saline Infusion Sonohysterography Before In Vitro Fertilization**

HILMA PUTRI LUBIS , ICHWANUL ADENIN

2026

Prosiding seminar internasional

### **O-33 Does dual trigger with human chorionic gonadotropin and gonadotropin releasing hormone agonist improve the outcome of IVF in poor responder women?**

HILMA PUTRI LUBIS

2025

Jurnal internasional bereputasi

### **A Novel Modification Of Manual Vacuum Aspiration Technique Guided By Ultrasound For Safe And Effective Abortion Management.**

HILMA PUTRI LUBIS , Binarwan Halim

2023

Jurnal internasional bereputasi

### **Meiotic Spindle View improves the Outcome of IVF in Poor Responders: A Retrospective Analytical Study from an Indonesian IVF Center**

ICHWANUL ADENIN , HILMA PUTRI LUBIS

2016

Prosiding seminar internasional

### **The Association between Sperm DNA Fragmentation and Idiopathic Early Recurrent Pregnancy Loss**

HILMA PUTRI LUBIS

2024

Buku referensi

### **GNRH AGONIS DALAM PRAKTIK TEK NOLOGI REPRODUKSI BERBANTU SEHARI-HARI**

HILMA PUTRI LUBIS

2016

Prosiding seminar internasional

### **Outcome of Intra Uterine Insemination for HIV Serodiscordant Couple**

HILMA PUTRI LUBIS

2014

Jurnal nasional

### **Hubungan karakteristik dengan tingkat pengetahuan, sikap dan perilaku bidan puskesmas di Kota Medan tentang pap smear dan kanker serviks**

2022

Jurnal internasional bereputasi

**Dual trigger with gonadotropin-releasing hormone agonist and recombinant human chorionic gonadotropin improves the outcome of intrauterine insemination**

HILMA PUTRI LUBIS

2022

Jurnal internasional bereputasi

**Overview of Student Knowledge about The Importance of Inverted Pyramid Antenatal Care at Faculty of Medicine, Universitas Sumatera Utara**

ROZAIMAH Z HAMID , HILMA PUTRI LUBIS , DUDY ALDIANSYAH

2023

Prosiding seminar internasional

**The correlation between Doppler ultrasound of ovarian artery and polycystic ovary syndrome phenotypes in Indonesian women**

HILMA PUTRI LUBIS , MOHAMMAD RHIZA Z TALA

2026

Prosiding seminar internasional

**Association of luteinizing hormone/choriogonadotropin receptor G935A and Ins18LQ gene polymorphisms with polycystic ovary syndrome in Indonesian women**

HILMA PUTRI LUBIS

2021

Jurnal internasional bereputasi

**Determination of Phytochemical Constituent, Antioxidant Activity, Total Phenol and Total Flavonoid of Extract Ethanol Phyllanthus emblica Fruit**

RONY ABDI SYAHPUTRA , SONY EKA NUGRAHA , ICHWANUL ADENIN , HILMA PUTRI LUBIS

2020

Jurnal internasional bereputasi

**Association between Luteinizing Hormone/Choriogonadotropin Receptor Ins18LQ Gene Polymorphism and Polycystic Ovary Syndrome. Open Access Maced J Med Sci. 2020 Aug 10; 8 (AÂ ...**

HILMA PUTRI LUBIS , MUHAMMAD FIDEL GANIS SIREGAR

2024

Jurnal internasional bereputasi

**Enhancing Sperm Quality Through Consecutive Ejaculation After Short Abstinence in Men with Low Semen Parameters Undergoing ICSI**

HILMA PUTRI LUBIS , Binarwan Halim , Agustinus Agustinus

2018

Prosiding seminar internasional

**Expression of natural killer cell activity with CD107a on ectopic endometrium in woman with endometriosis compared with non-endometriosis**

DUDY ALDIANSYAH , HENDRY SALIM SIREGAR , RIZA RIVANY , HILMA PUTRI LUBIS

2018

Prosiding seminar internasional

**Analysis of Early Symptoms of Women with Malignant Ovarian Neoplasm in Adam Malik General Hospital**

MUHAMMAD RIZKI YAZNIL , HILMA PUTRI LUBIS

2025

Jurnal internasional bereputasi

**Efficacy and safety of simplified follitropin delta dosing in women undergoing intrauterine insemination in Indonesia**

HILMA PUTRI LUBIS , Binarwan Halim

2023

Jurnal internasional bereputasi

## **Meiotic Spindle View improves the Outcome of IVF in Poor Responders: A Retrospective Analytical Study from an Indonesian IVF Center.**

HILMA PUTRI LUBIS

---

2026

Prosiding seminar internasional

## **Improving the outcome of Intrauterine Insemination by using Dual Trigger for Final oocyte maturation: retrospective study from an Indonesian Fertility Center**

HILMA PUTRI LUBIS

---

2026

Jurnal internasional bereputasi

## **Successful Application of Manual Hand Morcellation Technique in Giant Leiomyoma: A Case Report**

HILMA PUTRI LUBIS

---

2022

Jurnal internasional

## **P-708â€¢Improving the outcome of Intrauterine Insemination by using Dual Trigger for Final oocyte maturation : retrospective study from an Indonesian Fertility Center**

ICHWANUL ADENIN , HILMA PUTRI LUBIS

---

2024

Jurnal nasional

## **Correlation between LDH, Liver Function, Platelets and Proteinuria in Preeclampsia with Severe Features**

RIFHANI ASHILLA SHIFA , MUARA PANUSUNAN LUBIS , MELVIN NOVA GUNAWANTO BARUS , HILMA PUTRI LUBIS

---

2023

Jurnal internasional bereputasi

## **Applying Vernix Caseosa for Accidental Foetal Lacerations during Caesarean Delivery: A Case Series**

BINARWAN HALIM , HILMA PUTRI LUBIS

---

2019

Jurnal internasional bereputasi

## **Bilateral hydronephrosis and hydroureter associated with 21-22 weeks gestational age of cervical ectopic pregnancy: a case report**

HILMA PUTRI LUBIS

---

2019

Jurnal internasional bereputasi

## **Bilateral hydronephrosis and hydroureter associated with 21-22 weeks gestational age of cervical ectopic pregnancy: a case report**

HILMA PUTRI LUBIS

---

2022

Prosiding seminar internasional

## **Improving the outcome of Intrauterine Insemination by using Dual Trigger for Final oocyte maturation: retrospective study from an Indonesian Fertility Center**

HILMA PUTRI LUBIS

---

2025

Jurnal internasional

## **A Novel Modification of Manual Vacuum Aspiration Technique guided by Ultrasound for Safe and Effective Abortion Management**

BINARWAN HALIM , HILMA PUTRI LUBIS

---

2015

Hasil penelitian/pemikiran yang tidak dipublikasikan

## **Kadar Fibrinogen Dan D-Dimer Pada Wanita Dengan Sindroma Ovarium**

## Polikistik

MAKMUR SITEPU , DELFI LUTHAN , HILMA PUTRI LUBIS , HENDRY SALIM SIREGAR

2026

Jurnal nasional

### **The Overview of Student Knowledge about The Importance of Inverted Pyramid Antenatal Care at Faculty of Medicine, Universitas Sumatera Utara: Gambaran Pengetahuan Mahasiswa**

HILMA PUTRI LUBIS

2017

Jurnal internasional bereputasi

### **Does oval oocyte have an impact on embryo development in in vitro fertilization?**

HILMA PUTRI LUBIS

2016

Prosiding seminar internasional

### **In Vitro Fertilization Outcome after Intracytoplasmic Sperm Injection with Fresh and with Frozen-Thawed Epididymal Spermatozoa**

HILMA PUTRI LUBIS

2024

Jurnal internasional bereputasi

### **Enhancing Sperm Quality Through Consecutive Ejaculation After Short Abstinence in Men with Low Semen Parameters Undergoing ICSI**

BINARWAN HALIM , HILMA PUTRI LUBIS , AGUSTINUS , CENNIKON PAKPAHAN , JESSELYN ANGELLE

2016

Prosiding seminar internasional

### **Comparative Study between Mock Embryo Transfer Prior to The Treatment Cycle and Real Embryo Transfer in In Vitro Fertilization**

HILMA PUTRI LUBIS

2025

Jurnal internasional bereputasi

### **Efficacy and safety of simplified follitropin delta dosing in women undergoing intrauterine insemination in Indonesia**

BINARWAN HALIM , HILMA PUTRI LUBIS , Carine Annabella Widjaja

2023

Artikel ilmiah

### **MIXED GONADAL DYSGENESIS: A CASE REPORT**

ICHWANUL ADENIN , HILMA PUTRI LUBIS

## Researches

2019

Penelitian Dosen Pemula

### **ANALISIS POLIMORFISME RESEPTOR LH PADA WANITA DENGAN SINDROMA OVARIUM POLIKISTIK**

HILMA PUTRI LUBIS , ICHWANUL ADENIN , MUHAMMAD FIDEL GANIS SIREGAR

## Community Services

2016

### **Pengabdian Masyarakat Akbar FK USU 2016**

HILMA PUTRI LUBIS , MUHAMMAD RUSDA

2015

## **Pengabdian Masyarakat Akbar Tim Bantuan Medis (TBM) FK USU 2015**

HILMA PUTRI LUBIS , MUHAMMAD RUSDA

---

2015

## **Pengabdian Masyarakat Dalam Rangka Dies Natalis Ke-63 Universitas Sumatera Utara Ke -63**

HILMA PUTRI LUBIS , BUSTAMI SYAM

---

2023

## **Pengabdian Masyarakat Akbar PEMA FK USU 2023**

HILMA PUTRI LUBIS , JOHNY MARPAUNG , MUARA PANUSUNAN LUBIS

---

2019

## **Seminar Unit SAHIVA Pembentukan Pusat Informasi Konseling Remaja (HIV/AIDS dan Narkoba) di Sekolah**

HILMA PUTRI LUBIS , YUDHA SUDEWO , MUARA PANUSUNAN LUBIS , MUHAMMAD RIZKI YAZNIL

---

2014

## **Pengabdian Masyarakat Dalam Rangka Dies Natalis FK USU ke 62**

HILMA PUTRI LUBIS , MUHAMMAD FIDEL GANIS SIREGAR , GONTAR ALAMSYAH SIREGAR

---

2019

## **Seminar Gebyar Unit SAHIVA USU**

HILMA PUTRI LUBIS , YUDHA SUDEWO , MUARA PANUSUNAN LUBIS , MUHAMMAD RIZKI YAZNIL

---

2023

## **Satu Langkah Kecil Penuh Aksi Untuk Kepedulian Besar Pengabdian Masyarakat Bersama UKM PMM IMPM USU**

HILMA PUTRI LUBIS , IMAN HELMI EFFENDI , EMMY HARSO KARDHINATA

---

## **Intellectual Property Rights**

---

2023

Hak cipta nasional

## **GnRH Agonis Dalam Praktik Teknologi Reproduksi Berbantu Sehari-hari**

YUDHA SUDEWO , HILMA PUTRI LUBIS , BINARWAN HALIM

---