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Dosen tetap di Fakultas Kesehatan Masyarakat Universitas Sumatera Utara, Program Studi S1 Kesehatan Masyarakat, Program Studi S1 Gizi dan Program Studi S2/S3 Ilmu Kesehatan Masyarakat, dengan jabatan fungsional saat ini sebagai lektor kepala.

Pengalaman riset fokus pada bidang gizi kesehatan masyarakat. Riset terakhir yang dilakukan pada tahun 2021-2022 adalah riset tentang penguatan ketahanan pangan keluarga untuk meningkatkan gizi ibu hamil dan keberhasilan menyusui segera setelah lahir. Riset ini menghasilkan 2 jurnal yang sudah dipublikasi di jurnal internasional bereputasi (Scopus), dan buku dengan judul Ketahanan Pangan dan Gizi pada Siklus Kehidupan. Riset lain tahun 2022 yang sedang dilakukan dengan judul Makanan Tambahan Ibu Hamil Bentuk Biskuit Modifikasi Labu Kuning dan Daun Kelor serta Kacang Tanah Sebagai Pencegah Stunting di Kabupaten Tapanuli Utara.

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