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In 2003, she received her degree from the USU Faculty of Dentistry. The same year, she also finished her undergraduate psychology degree at Medan Area University. In 2005, she was appointed as a lecturer in the Department of Periodontia at the Faculty of Dentistry, USU. Two years later, in 2007, she resumed her Periodontia Specialist Study at the Faculty of Dentistry, University of Indonesia, and completed it in 2009. In 2011, she was appointed secretary of the Department of Periodontia. In 2016, she continued her doctoral studies at the Faculty of Dentistry, University of Indonesia until the end of December 2019. Currently, she is a member of the teaching staff at the Department of Periodontia FKG USU, and in 2021, she was appointed as Deputy Dean III of the USU Faculty of Dentistry.

Publications

2023

Buku lainnya

Panduan Perawatan Periodontal

PITU WULANDARI

2026

Artikel ilmiah

Tetracycline Periodontal Fiber Sebagai Perawatan...

PITU WULANDARI

2026

Jurnal nasional

Pengaruh Ph Dan Kapasitas Buffer Saliva Terhadap Pembentukan Kalkulus Pada Pasien Di Instalasi Periodonsia Rsgm Usu

PITU WULANDARI

2017

Jurnal internasional

Aging Process Immunity and Its Relation with Periodontal Disease in Genetic Aspect

PITU WULANDARI

2022

Jurnal nasional terakreditasi

Quality of Life and Its Relationship with Periodontal Disease: Kualitas Hidup dan Hubungannya dengan Penyakit Periodontal

PITU WULANDARI

2020

Jurnal internasional bereputasi

The role of parathyroid hormone in alveolar bone resorption on postmenopausal women

PITU WULANDARI

2019

Jurnal internasional bereputasi

The Profile of Progesterone Hormone, Vitamin D, and Bone Density in Postmenopausal Women

PITU WULANDARI

2025

Jurnal internasional bereputasi

Crown-Root Ratio as a Predictive Morphometric Indicator in Mandibular First Molars with Occlusal Trauma and Periodontitis: A Radiographic and Clinical Modeling Study

EHA RENWI ASTUTI , SRI LELYATI , PITU WULANDARI , BRAMMA KISWANJAYA , MENIK PRIAMINIARTI , HANNA BACHTIAR , YUNIARTI SOEROSO , Lidya Irani Nainggolan

2014

Poster seminar nasional

Klasifikasi dan Perawatan Abses Periodontal

PITU WULANDARI

2026

Artikel ilmiah

Pengaruh Suhu Air Pada Waktu Pengerasan Dan Ketepatan Cetakan Alginat

PITU WULANDARI

2020

Jurnal internasional

Level of Calcitonin Gene-Related Peptides in Elderly and Adult Periodontitis Patients

PITU WULANDARI

2017

Jurnal internasional

The Relationship Between Estrogen Levels and Periodontal Status in Postmenopausal Women

PITU WULANDARI

2024

Prosiding seminar internasional

The Relationship between Oxidative Stress and Periodontium Destruction

PITU WULANDARI

2013

Jurnal nasional

HUBUNGAN ANTARA DIABETES MELITUS TIPE 2 DENGAN DESTRUKSI PERIODONTAL PADA PENDERITA PERIODONTITIS

PITU WULANDARI

2022

Jurnal internasional

Antibacterial activity of Medan Butterfly pea (*Clitoria ternatea* L.) corolla extract against *Streptococcus mutans* ATCC®25175 and *Staphylococcus aureus* ATCC®6538

ERVINA SOFYANTI , PITU WULANDARI , DENNY SATRIA

2024

Book chapter internasional

Quality Improvement in Dental and Medical Knowledge, Research, Skills and Ethics Facing Global Challenges

MEINY FAUDAH AMIN , PITU WULANDARI , MELLY ASHNA LATERZIA TARIGAN , KRISTINA NAINGGOLAN , JULIA MAHARANI

2017

Jurnal internasional

COMPARISON OF PERIODONTAL STATUS AMONG MILD, MODERATE AND HEAVY SMOKERS IN FACULTY OF DENTISTRY, UNIVERSITAS SUMATERA UTARA: PERBANDINGAN STATUS PERIODONTAL PADA PEROKOK RINGAN, SEDANG DAN BERAT DI FAKULTAS KEDOKTERAN GIGI UNIVERSITAS SUMATERA UTARA

2019

Jurnal internasional bereputasi

Differences in Periodontal Severity Between Perimenopausal and Postmenopausal Women with Chronic Periodontitis

PITU WULANDARI

2014

Poster seminar nasional

Lesi Furkasi: Klasifikasi dan Perawatannya

PITU WULANDARI

2025

Jurnal internasional bereputasi

Crown-Root Ratio as a Predictive Morphometric Indicator in Mandibular First Molars with Occlusal Trauma and Periodontitis: ARadiographic and Clinical Modeling Study

BRAMMA KISWANJAYA , MENIK PRIAMINIARTI , HANNA BACHTIAR , YUNIARTI SOEROSO , PITU WULANDARI , EHA RENWI ASTUTI , SRI LELYATI

2018

Jurnal internasional

Surgical Management of Gingival Enlargement on Patients with Orthodontic Treatment

RINI OCTAVIA NASUTION , PITU WULANDARI

2024

Jurnal nasional terakreditasi

The potential of propolis extract gel Kabanjahe Kelulut bee as an anti-inflammatory agent in periodontal treatment: eksperimental laboratory study

PITU WULANDARI , JULIA MAHARANI , Felix Zuhendri

2019

Jurnal internasional bereputasi

Relationship of Age, Body Mass Index, Bone Density, and Menopause Duration with Alveolar Bone Resorption in Postmenopausal Women

PITU WULANDARI

2018

Jurnal internasional bereputasi

Validity and Reliability of A Modified Utian Quality of Life Scale for Indonesian Postmenopausal Women

PITU WULANDARI

2015

Poster seminar nasional

The Influence of Saliva on The Periodontal Tissue

PITU WULANDARI

2023

Jurnal internasional bereputasi

The Aging Process and its Relation to Periodontal Conditions

PITU WULANDARI

2023

Jurnal internasional bereputasi

The Relationship Between Interleukin-1 β Levels and Sociodemographic Factors With Periodontal Status in the Menopausal Transition

PITU WULANDARI

2020

Jurnal internasional bereputasi

Cross adaptation quality of life questionnaire for periodontitis patients (Modified indonesian version) in menopausal women

PITU WULANDARI

2024
Book chapter internasional

Printing in Periodontal Therapy

PITU WULANDARI

2017
Jurnal nasional terakreditasi

pH DAN KAPASITAS BUFFER SALIVA DALAM HUBUNGANNYA TERHADAP PEMBENTUKAN KALKULUS PADA PASIEN DI INSTALASI PERIODONSIA RSGM USU (SALIVARY pH AND BUFFER CAPACITY RELATED TO CALCULUS FORMATION OF PATIENTS AT PERIODONTICS INSTALLATION IN USU DENTAL HOSPITA

PITU WULANDARI

2021
Jurnal internasional bereputasi

The Relationship between Tooth Loss and Gingival Status with Oral Hygiene in Postmenopausal Women

PITU WULANDARI

2025
Jurnal internasional bereputasi

Relationship between Age, Body Mass Index, and Number of Missing Teeth with Clinical Attachment Loss in Patients with Metabolic Syndrome.

PITU WULANDARI , IRNA CAROLINE SEMBIRING , ARDIA WIANDA IVANKA , ADE LIANA DWI ANANDA , ANGELINA BETTY SIBURIAN , STEVEN

2026
Jurnal nasional terakreditasi

Hubungan Antara Periodontitis Dengan Diabetes Melitus Tipe 2 Ditinjau Dari Aspek Destruksi Periodontal

PITU WULANDARI

2014
Jurnal nasional terakreditasi

Efektifitas Ekstrak Kulit Jeruk Nipis (Citrus Aurantifolia (Chrism) Swingle) terhadap Bakteri Aggregatibacter actinomycetemcomitans Secara In Vitro

PITU WULANDARI

2020
Jurnal internasional bereputasi

Prostaglandin Levels in Gingival Crevicular Fluid in Periodontitis Patient with Hypertension

PITU WULANDARI

2021
Jurnal internasional

Immunoglobulin G Levels in the Gingival Crevicular Fluid of Menopausal Patients with Periodontitis

PITU WULANDARI

2022
Makalah ilmiah

Effect of Hypoestrogenism on Oral Cavity

PITU WULANDARI

2022
Jurnal nasional terakreditasi

PERSIAPAN PERIODONTAL SEBELUM PERAWATAN ORTODONTI CEKAT UNTUK PASIEN DENGAN PERIODONTAL KOMPRIMIS–SEBUAH SERIAL KASUS

PITU WULANDARI

2017
Jurnal internasional

The Relation of Follicle Stimulating Hormone and Estrogen to Mandibular

Alveolar Bone Resorption in Postmenopausal Women

PITU WULANDARI

2020

Jurnal internasional bereputasi

Level of Tumor Necrosis Factor Alpha in Elderly Patients with Periodontitis and Diabetes Mellitus

PITU WULANDARI

2023

Jurnal nasional terakreditasi

Dental Plaque Accumulation and Periodontal Treatment Needs of Smokers

PITU WULANDARI

2014

Jurnal nasional

Efektifitas Ekstrak Kulit Jeruk Purut (*Citrus hystrix* D.C.) terhadap Bakteri *Aggregatibacter actinomycetemcomitans* Secara In Vitro

PITU WULANDARI

2016

Poster seminar nasional

Vista Technique (Vestibular Incision Subperiosteal Tunnel Access) In Gingival Recession Treatment

PITU WULANDARI

Researches

2025

Studi Persepsi terhadap Pengalaman Menyikat Gigi dengan Produk Sensodyne

JULIA MAHARANI , PITU WULANDARI

Community Services

2021

Ipteks Bagi Masyarakat

Dies Natalis FKG USU Ke-60

PITU WULANDARI , JANUAN KHAIRUL AMRU HASIBUAN , TRYA FITRI AYUNI , TALITHA AFIFAH LUBIS , DIVA SHABRINA , ADE SYIFA AZZAHRA , IKRAR TEGUH PRATOMO , TANIA TRESIA NIZA , YOGA PRATAMA , NINDIRA YASMINE SIREGAR , ALIFIA SRG

2023

Ipteks Bagi Masyarakat

Penanganan Hipersensitif Dentin Sebagai Salah Satu Cara untuk Meningkatkan Kualitas Hidup

OLIVIA AVRIYANTI HANAFIAH , PITU WULANDARI

2023

Ipteks Bagi Masyarakat

PENANGANAN HIPERSENSITIF DENTIN SEBAGAI SALAH SATU CARA UNTUK MENINGKATKAN KUALITAS HIDUP

FILIA DANA T , PITU WULANDARI

2021

Bulan Kesehatan Gigi Nasional

PITU WULANDARI , MIA ISABELA BR SEMBIRING MILALA

Intellectual Property Rights

2016
Hak cipta nasional

Lagu Senyum Sehat Sepanjang Usia

PITU WULANDARI , ANGGI YULIA ASRI RITONGA , MEGAWATI , JEHAN ELFANDARI , YUSRI MUBAROQ SAMOSIR

2016
Hak cipta nasional

PEGI-Video Lagu Pantun Edukasi Gigi

PITU WULANDARI

2016
Hak cipta nasional

Lagu Dokter Gigi Sahabat Oma Opa

PITU WULANDARI , HANNA FEBIOLA YEREMIA PASARIBU , CAREN CRYSTALINE RAMLI , SALWA FAHIRA PUTRI ISKANDAR , UEDHASHI MAYUMI SATO , FARHAN DOLI FADHIIL SIAGIAN

2016
Hak cipta nasional

Video Pembelajaran Perubahan Kondisi Periodontal Pada Lanjut Usia

OLIVIA AVRIYANTI HANAFIAH , PITU WULANDARI

2016
Hak cipta nasional

Dokter Gigi Sahabat Kita

PITU WULANDARI

2016
Hak cipta nasional

Buku Saku Dokter Gigi Kecil

OLIVIA AVRIYANTI HANAFIAH , PITU WULANDARI

2016
Hak cipta nasional

Tanya Jawab Perawatan Ortodonti

PITU WULANDARI

2016
Paten nasional

Sediaan Obat Kumur Berbahan Aktif Ekstrak Etanol Buah Nenas (*Ananas comosus*) untuk Menghambat dan Membunuh Bakteri *Fusobacterium nucleatum* Penyebab Penyakit Periodontitis

PITU WULANDARI

2016
Hak cipta nasional

Video Edukasi Hubungan Sindroma Metabolik Dengan Periodontitis

ADE LIANA DWI ANANDA , ANGELINA BETTY SIBURIAN , ARDIA WIANDA IVANKA , MUTIARA PRATIWI , PITU WULANDARI

2016
Hak cipta nasional

Video Edukasi Perawatan Gigi Sensitif

PUTRI RAHMI JOUITONA , BRANDON JULIO HASIM , YOLANDA ELISA SIREGAR , PITU WULANDARI

2016
Hak cipta nasional

Skrining Status Periodontal Penderita Periodontitis Pada Perimenopause dan Pascamenopause Usia 45-59 Tahun

PITU WULANDARI

2016
Hak cipta nasional

Lagu SIDALUKA (Menyikat Gigi Sisi Dalam, Luar dan Sisi Kunyah Gigi)

PITU WULANDARI , LUKMAN HERMANTO FREDRIC MANIK , ALFI RAMANDA PASARIBU , SAID HIMAWAN , MUHAMMAD ICHSAN , LOLA PURNAMA DEWI , DODY WIDKAJA , CAROLIN MARISTELLA KANACE SIMANJUNTAK , BERTUA CAROLINE MANALU

2016
Paten nasional

Alat Pendeteksi Suhu dalam Menganalisis Gigi Sensitif

PITU WULANDARI

2016

Hak cipta nasional

Penyakit Jaringan Penyanggah Gigi Dan Dampaknya Terhadap Kualitas Di Masa Menopause

PITU WULANDARI , SRI LELYATI , M LINDAWATI S DRG SP PROS
