Prof. Ir. Etti Sudaryati, MKM., Ph.D

Lecturer of Undergraduate Program in Public Health Study Program
Faculty of Public Health
Universitas Sumatera Utara

etti@usu.ac.id

fkm.usu.ac.id/en/lecturer/etti-sudaryati

Lecturer for the Undergraduate Public Health Study Program, Undergraduate Nutrition Study Program, and S2/S3 Study Program in Public Health Sciences at the Faculty of Public Health, Universitas Sumatera Utara, with the current functional title of head lecturer.

Her experience in research is focused on the area of nutrition for public health. The last research to be carried out in 2021-2022 is research on strengthening family food security to improve the nutrition of pregnant women and the success of breastfeeding immediately after birth. This research resulted in 2 journals that have been published in reputable international journals (Scopus), and a book entitled Food Security and Nutrition in the Life Cycle. Another research that is being carried out in 2022 is entitled Supplementary Food for Pregnant Women in the Form of Modified Yellow Pumpkin Biscuits and Moringa Leaves and Peanuts as Stunting Prevention in North Tapanuli Regency.

Publications

2025
Jurnal internasional bereputasi

Analysis of Sociodemographic Factors and Complementary Feeding Patterns on Nutritional Status of Children under Two Years in Coastal Areas of North Sumatra

ETTI SUDARYATI , NURMAINI , ZULHAIDA LUBIS , HERTA MASTHALINA

2025
Jurnal internasional bereputasi

Educational Model of Stunting Prevention Increases Awareness as a Result of the Development of the Integrated Eight Actions: SEM Analysis

EVAWANY YUNITA ARITONANG , ETTI SUDARYATI , FIKARWIN , FAKHRURRADHI LUTHFI

2025
Jurnal internasional

Associations Between Husband and Co-worker Support, and Availability of Lactation Room Facilities in the Workplace with Exclusive Breastfeeding Among Formal Sector EmployedÂ ...

ETTI SUDARYATI , IDA YUSTINA

2025
Jurnal nasional terakreditasi

Pneingkatan Self Efficacy Ibu Hamil untuk Memberikan ASI pada Bayi di Wilayah Kerja Puskesmas Rambung Kota Binjai

IDA YUSTINA , ETTI SUDARYATI , FADILAH AINI

2025
Jurnal internasional

The Effect of Ronggeng Shrimp Coconut Shredded on Weight Gain in Malnourished Adult Pulmonary TB Patients in Sibolga City

EVAWANY YUNITA ARITONANG , ETTI SUDARYATI

2023
Jurnal internasional

Factors Related to the Participation of Mothers' Toddlers in the Stunting Prevention Program at Sicanang Health Center Medan City

ETTI SUDARYATI , IDA YUSTINA

2023
Jurnal internasional bereputasi

Family-Based Prevention of Pulmonary Tuberculosis Transmission In Deli Serdang District North Sumatra

ETTI SUDARYATI , IDA YUSTINA

2023
Jurnal nasional

Factors Related to the Participation of Mothers' Toddlers in the Stunting Prevention Program at Sicanang Health Center Medan City

ETTI SUDARYATI , IDA YUSTINA , SRI HAJIJAH PURBA

2023
Jurnal internasional bereputasi

Strengthening Food Security Reduces The Anemic Status of Pregnant Women and Encourages Breastfeeding Immediately after Delivery in the Coastal Area of Central Tapanuli

FIKARWIN , ETTI SUDARYATI

2023
Jurnal internasional

The Correlation between Parenting Pattern and Stunting in Toddlers Aged 24-36 Months in Percut Sei Tuan District Deli Serdang Regency

ETTI SUDARYATI

2022
Buku referensi

KETAHANAN PANGAN DAN GIZI PADA SIKLUS KEHIDUPAN

FIKARWIN , ETTI SUDARYATI

2022
Jurnal internasional

Analysis of the Implementation of Policy Measures and Objectives, Communication, Resources, and Disposition in Early Breastfeeding Initiation at the Regional General HospitalÂ ...

ETTI SUDARYATI , IDA YUSTINA

2021
Jurnal internasional bereputasi

Household Food Insecurity, Level of Nutritional Adequacy, and Nutritional Status of Toddlers in the Coastal Area of Central Tapanuli Regency

ETTI SUDARYATI

2020
Jurnal internasional

Correlation of Fried Snacks Intake with Free Radicals and Obesity in Elementary School Children

ETTI SUDARYATI

2020
Jurnal internasional

Mother’s behavior in searching for the health service of malnourished children in Lumut Sub-district, Tapanuli Tengah Regency of 2019

ETTI SUDARYATI

2020
Jurnal internasional

RELATIONSHIP BETWEEN MATERNAL AND OBSTETRIC FACTORS WITH LOW BIRTH WEIGHT EVENTS IN NEWBORNS IN REGIONAL GENERAL HOSPITAL DR. PIRNGADI MEDAN

ETTI SUDARYATI

2020
Jurnal internasional

The relationship between the role of health workers and community leaders

with the occurrence of dengue hemorrhagic fever

ETTI SUDARYATI

2020
Jurnal nasional

Peran Guru Dan Kejadian Obesitas Pada Siswa Sekolah Dasar Di Kota Medan

ETTI SUDARYATI

2020
Jurnal internasional

The Relationship of the Duration of Social Media Instagram Usage and Student's Eating Behavior in University of Sumatera Utara, 2019

ETTI SUDARYATI

2020
Jurnal internasional

Relationship between Caries Experience and Food Intake with Stunting Among 6-8-Years Old of Elementary School at Pantai Labu In 2018

ETTI SUDARYATI

2020
Jurnal internasional

The Relationship of Visits to Posyandu with the Nutrition Status of Toddlers in Amplas Health Center

ETTI SUDARYATI

2020
Jurnal internasional

Postpartum Maternal Care Tradition in Manunggang Jae Village Padangsidimpuan City Indonesia

ETTI SUDARYATI

2020
Jurnal internasional

Correlation of Parenting and Nutrient Intake with Stunting in Children 24-59 Months

ETTI SUDARYATI

2020
Jurnal internasional

Utilization of Flour Leaf Flour and Green Bean Flour Being Biscuit for Food Interlude Breastfeeding Mother in Binjai City

ETTI SUDARYATI

2020
Jurnal internasional bereputasi

Maternal mortality classification for health promotive in Dairi using machine learning approach

ETTI SUDARYATI

2020
Jurnal internasional bereputasi

Classification of elderly based on attitude for health promotive in Deli Serdang using machine learning approach

ETTI SUDARYATI

2019
Jurnal internasional bereputasi

The Influence of Nutritional Status and Ventilation on the Incidence of Pulmonary Tuberculosis at Langsa

ETTI SUDARYATI

2019
Jurnal internasional bereputasi

Relationship between Sanitation Hygiene and Health Care with Healthy Family Security of the Family of Smokers at Berastagi Subdistrict

ETTI SUDARYATI

2019
Jurnal nasional

Nilai agama dan persepsi tentang praktik pemberian air susu ibu dua tahun: studi kualitatif di Aceh

ETTI SUDARYATI

2019
Jurnal nasional

PERBANDINGAN MEDIA AUDIOVISUAL DAN CERAMAH TERHADAP SIKAP SISWA TENTANG PENTINGNYA KONSUMSI SAYUR DAN BUAH

ETTI SUDARYATI

2019
Jurnal nasional terakreditasi

Pengaruh Asupan Protein Dan Asupan Garam Terhadap Kejadian Hipertensi Pada Wanita Usia Subur Dengan Obesitas Di Wilayah Kerja Puskesmas Patumbak Tahun 2017

ETTI SUDARYATI

2019
Jurnal internasional

The Uniqueness of Newborn Health Care in The Batak Toba Community

ETTI SUDARYATI

2018
Prosiding seminar nasional

Pemanfaatan Beras Merah dan Jagung dalam Pembuatan Mie Sebagai Bahan Pangan Fungsional

ETTI SUDARYATI

2018
Jurnal nasional terakreditasi

Relationship Between Frequency Of Breastfeeding With Breastmilk Production Mother post Partum In Region Work Puskesmas Peusangan Selatan Bireuen City Year 2017

ETTI SUDARYATI

2018
Jurnal internasional bereputasi

Nutritional Quality of Bread from Mixture of Arrowroot Flour (Marantha arundinacea L.) and Wheat Flour

ETTI SUDARYATI

2018
Jurnal nasional

PENGARUH ASUPAN PROTEIN TERHADAP KEJADIAN HIPERTENSI PADA WANITA USIA SUBUR DENGAN OBESITAS DI PUSKESMAS PATUMBAK TAHUN 2017

ETTI SUDARYATI

2018
Jurnal internasional

Infant”s Growth and Development at the Age of 6-12 Months Based on Breastfeeding

ETTI SUDARYATI

2018
Jurnal nasional terakreditasi

PERKEMBANGAN BAYI USIA 6-12 BULAN BERDASARKAN PEMBERIAN ASI

ETTI SUDARYATI

2017
Jurnal nasional terakreditasi

Hubungan Pemberian ASI dengan Status Gizi Berdasarkan Indeks BB/PB Bayi

(Usia 6-11 Bulan) di Wilayah Kerja Puskesmas Siborong-borong Tahun 2017

ETTI SUDARYATI

Researches

2025

Penelitian Kerjasama Antar Perguruan Tinggi

FENOTIP DAN PROFIL RISIKO KERENTANAN ANAK DENGAN ORANG TUA PENYANDANG OBESITAS : TINJAUAN PADA ANTROPOMETRI, KOMPOSISI TUBUH, HERITABILITAS, PERILAKU DAN LINGKUNGAN OBESOGENIK

M. F CONNY TANJUNG , ETTI SUDARYATI , ICHE ANDRIYANI LIBERTY

2021

Penelitian Disertasi Doktor

Pengembangan Sumber Daya Manusia (SDM) Kesehatan di Provinsi Sumatera Utara

IDA YUSTINA , ETTI SUDARYATI , SONY EFRIANDI

2017

PENGARUH ASUPAN PROTEIN DAN ASUPAN GARAM TERHADAP KEJADIAN HIPERTENSI PADA WANITA USIA SUBUR DENGAN OBESITAS DI WILAYAH KERJA PUSKESMAS PATUMBAK TAHUN 2017

WIRA MARIA GINTING , ETTI SUDARYATI

Community Services

2024

Ipteks Bagi Masyarakat

PENINGKATAN SELF-EFFICACY IBU HAMIL untuk MEMBERIKAN ASI PADA BAYI DI WILAYAH KERJA PUSKESMAS RAMBUNG KOTA BINJAI

IDA YUSTINA , ETTI SUDARYATI

Intellectual Property Rights

2024

Hak cipta nasional

Meningkatkan Self Efficacy Ibu Hamil dalam Memberikan ASI di Puskesmas Rambung Kota Binjai

IDA YUSTINA , ETTI SUDARYATI , FADILAH AINI