

Dr. Cholina Trisa Siregar, Ns., M.Kep., Sp.KMB

Lecturer of Nurse Profession Program Study Program
Faculty of Nursing
Universitas Sumatera Utara

✉ cholina@usu.ac.id

🌐 fkep.usu.ac.id/en/lecturer/cholina-trisa-siregar

Cholina Trisa Siregar S.Kep., Ns., M.Kep., Sp.KMB was born in Mambang Muda on July 26, 1977. She is a lecturer in Medical-Surgical Nursing at the Universitas Sumatera Utara. He completed his master's degree in Nursing at the University of Indonesia in 2007.

Publications

2026

Jurnal internasional bereputasi

Independence and Self-Dependence on the Quality of Life of Patients Receiving Hemodialysis in Medan, Indonesia: A Cross-Sectional Analysis

CHOLINA TRISA SIREGAR , RIRI ANDRI MUZASTI , KHAIRUNNISA

2025

Jurnal nasional terakreditasi

Pemberdayaan Siswa melalui Pelatihan Gizi dan SADARI untuk Meningkatkan Kualitas Hidup di Desa Simangulampe

FARIDA LINDA SARI SIREGAR , RIKA ENDAH NURHIDAYAH , ODING AFFANDI , CHOLINA TRISA SIREGAR , ERNIYATI

2025

Jurnal internasional bereputasi

Analysis of the Relationship between Social Support, Knowledge and Demographic Factors on Self-Acceptance of Haemodialysis Patients in Medan

EVIKAROTA , CHOLINA TRISA SIREGAR

2025

Jurnal internasional bereputasi

Health seeking behavior for influenza management in North Sumatra Province, Indonesia

MULA TARIGAN , CHOLINA TRISA SIREGAR , NURBAITI , Rizmy Putri Adhani

2025

Jurnal internasional bereputasi

Assesment risk factor for tuberculosis transmission among children: Case study in Medan

WINNI R. E. TUMANGGOR , IZZAH DIENILLAH SARAGIH , INDRA CHAHAYA , CHOLINA TRISA SIREGAR

2024

Jurnal nasional terakreditasi

Peningkatan Kapasitas Masyarakat untuk Mewujudkan Desa Meat sebagai Desa Wisata Sehat Jiwa Berbasis Kearifan Lokal di Kecamatan Tampahan Kabupaten Toba

JENNY MARLINDAWANI PURBA , JOSETTA MARIA REMILA TUAPATTINAJA , CHOLINA TRISA SIREGAR , RONALD LEONARDO SIREGAR

2024

Lain-lain

PEMBERDAYAAN KELUARGA MEMBATASI PENYEBARAN TUBERKULOSIS MELALUI PENINGKATAN PENGETAHUAN DI DESA KLAMBIR V SUMATERA UTARA

SITI SAIDAH NASUTION , CHOLINA TRISA SIREGAR

2024

Jurnal nasional terakreditasi

PEMBERDAYAAN KELUARGA MEMBATASI PENYEBARAN TUBERKULOSIS MELALUI PENINGKATAN PENGETAHUAN DI DESA KLAMBIR V SUMATERA UTARA

CHOLINA TRISA SIREGAR , SITI SAIDAH NASUTION

2024

Artikel ilmiah

PEMBERDAYAAN KELUARGA MEMBATASI PENYEBARAN TUBERKULOSIS MELALUI PENINGKATAN PENGETAHUAN DI DESA KLAMBIR V SUMATERA UTARA

SITI SAIDAH NASUTION , CHOLINA TRISA SIREGAR

2023

Jurnal nasional terakreditasi

Implementation of BERSABAR Method for Students to Achieve Clean and Healthy Schools in Al Ikhlas Private Elementary School Medan

INDRA CHAHAYA , CHOLINA TRISA SIREGAR , WINNI R. E. TUMANGGOR

2023

Jurnal internasional bereputasi

Studi Cross Sectional terhadap Pengetahuan, Kenyamanan dan Kepercayaan Diri Perawat dalam Merawat Orang dengan Intellectual Disability dan Autism di Kota Medan

ROXSANA DEVI TUMANGGOR , CHOLINA TRISA SIREGAR

2023

Jurnal internasional bereputasi

A survey of Indonesian nurses' educational experiences and self-perceived capability to care for people with intellectual disability and/or autism spectrum disorder

ROXSANA DEVI TUMANGGOR , CHOLINA TRISA SIREGAR , Prof. Andrew Cashin

2023

Jurnal nasional terakreditasi

Analysis of Factors Influencing the Incidence of Urinary Incontinence in Elderly Women in Medan

NURMAINI , CHOLINA TRISA SIREGAR

2023

Jurnal nasional terakreditasi

Physical and Mental Health Assessment Among School Age Children in Islamic School, Medan

CHOLINA TRISA SIREGAR , NURBAITI , ROXSANA DEVI TUMANGGOR

2023

Jurnal internasional bereputasi

The Relationship of Family Support and Self-Acceptance of Haemodialysis Patients in Medan

CHOLINA TRISA SIREGAR

2023

Jurnal internasional bereputasi

Parents' role in monitoring the children's growth and development

LUFTHIANI , EVIKAROTA , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR , DUDUT TANJUNG , RENI ASMARA ARIGA

2023

Jurnal internasional bereputasi

Fatigue and Sleep Quality in Pandemic Covid 19 Hemodialysis Patients in Medan

CHOLINA TRISA SIREGAR

2023

Jurnal internasional bereputasi

The relationship of family support and self-acceptance of haemodialysis patients in Medan

ZULKARNAIN , CHOLINA TRISA SIREGAR , SITI ZAHARA NASUTION

2023

Prosiding seminar internasional

Relationship between agricultural activities and diseases experienced by mothers

MUHAMMAD RIDHA HAYKAL AMAL , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR , LUFTHIANI , NUR AZIZAH P.S

2023

Jurnal internasional bereputasi

Fatigue and sleep quality in pandemic covid 19 hemodialysis patients in Medan

ZULKARNAIN , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR , LUFTHIANI

2023

Prosiding seminar internasional

Parents’ role in monitoring the children’s growth and development

EVIKAROTA , LUFTHIANI , CHOLINA TRISA SIREGAR , SITI ZAHARA NASUTION , DUDUT TANJUNG

2023

Prosiding seminar internasional

Society behaviors in overcoming bruise by using nutmeg seed

MUHAMMAD RIDHA HAYKAL AMAL , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR , LUFTHIANI , DINA RIZKI PHONNA

2022

Jurnal nasional terakreditasi

Empowerment of Housewife in Fulfilling Family Nutrition Through the Formation of Bekam Family (Quality, Creative and Independent) in Kecamatan Biru-Biru

SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR , LUFTHIANI , INDRA CHAHAYA

2022

Jurnal nasional terakreditasi

The Effect of Fluid Management Application on Hemodialysis Patients with Excess Fluid

CANDRA MERIANI DAMANIK , Imam Budi Putra , CHOLINA TRISA SIREGAR , SITI SAIDAH NASUTION

2022

Jurnal internasional bereputasi

The Role and Function of Family in Improving the Quality of Patients’s Life: Managing Nutrition During Hemodialysis in Medan, Indonesia

ZULKARNAIN , CHOLINA TRISA SIREGAR , SITI ZAHARA NASUTION

2022

Jurnal nasional terakreditasi

Analysis of Factors Affecting Acceptance and Commitment Therapy (ACT) in Pulmonary TB Patients

JENNY MARLINDAWANI PURBA , CHOLINA TRISA SIREGAR

2022

Jurnal nasional terakreditasi

Perubahan Intensi Perilaku Remaja dalam Pemeliharaan Kesehatan di Masa Pandemi

SITI ZAHARA NASUTION , LUFTHIANI , EVIKAROTA , CHOLINA TRISA SIREGAR

2022

Jurnal nasional terakreditasi

Training and Assistance for Housewives' Group to Create a CEHATI Family (Smart, Healthy, and Active) in Efforts to Maintain Children's Health

SITI ZAHARA NASUTION , LUFTHIANI , CHOLINA TRISA SIREGAR , NUNUNG FEBRIANY SITEPU

2022

Jurnal nasional

Training and Assistance for Housewives' Group to Create a CEHATI Family (Smart, Healthy, and Active) in Efforts to Maintain Children's Health

CHOLINA TRISA SIREGAR , SITI ZAHARA NASUTION , NUNUNG FEBRIANY SITEPU , LUFTHIANI

2021

Artikel ilmiah

Quality of Life in Hemodialysis Patients: Role of Nurses

LINA BERLIANA TOGATOROP , CHOLINA TRISA SIREGAR

2021

Jurnal nasional terakreditasi

Jajanan Sehat Dan Bahaya Junk Food Pada Orang Tua Dan Sekolah Dengan Metode Digital

SITI ZAHARA NASUTION , RENI ASMARA ARIGA , CHOLINA TRISA SIREGAR , LUFTHIANI , FAJAR AMANAH ARIGA

2021

Jurnal internasional bereputasi

Self-care of patients during hemodialysis: A qualitative study.

ZULKARNAIN , CHOLINA TRISA SIREGAR , RENI ASMARA ARIGA , SITI ZAHARA NASUTION

2021

Jurnal nasional terakreditasi

Peran Kelompok Ibu Rumah Tangga dalam Upaya Pencegahan ISPA Pada Balita dengan Pemanfaatan Terapi Komplementer dan Terapi Pijat di Kelurahan Medan Sunggal

SITI ZAHARA NASUTION , LUFTHIANI , CHOLINA TRISA SIREGAR , EVIKAROTA , RENI ASMARA ARIGA

2020

Jurnal internasional

The Effectiveness of progressive Muscle Relaxation with Benson Relaxation on the Sleep Quality in Hemodialysis Patients

RIDHA DHARMAJAYA , CHOLINA TRISA SIREGAR

2020

Jurnal internasional bereputasi

Nurse Needs, Hope, and Satisfaction during Hemodialysis Care in Medan Indonesia. Open Access Maced J Med Sci. 2020 Aug 15; 8 (E): 363-366

ZULKARNAIN , RENI ASMARA ARIGA , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR

2020

Jurnal internasional bereputasi

Family concern: Facilitating self-management of patients undergoing hemodialysis

SITI ZAHARA NASUTION , RENI ASMARA ARIGA , CHOLINA TRISA SIREGAR , ZULKARNAIN

2020

Jurnal internasional bereputasi

Family support for persons with schizophrenia after physical restraint and confinement

JENNY MARLINDAWANI PURBA , EVIKAROTA , ROYMOND H SIMAMORA , CHOLINA TRISA SIREGAR

2020

Jurnal internasional bereputasi

Nutritional status of elderly in Urban and Rural North Sumatera, Indonesia

SITI ZAHARA NASUTION , MUHAMMAD RIDHA HAYKAL AMAL , RENI ASMARA ARIGA , CHOLINA TRISA SIREGAR , WIDYA DARAYANI PURBA

2019

Jurnal internasional bereputasi

Family support for persons with schizophrenia after physical restraint and confinement

CHOLINA TRISA SIREGAR

2019

Jurnal internasional bereputasi

Family concern: Facilitating self-management of patients undergoing

hemodialysis

CHOLINA TRISA SIREGAR , EVIKAROTA , SITI ZAHARA NASUTION , JENNY MARLINDAWANI PURBA , ZULKARNAIN

2012

Jurnal nasional

Karakteristik Pasien Dan Kualitas Hidup Pasien Gagal Ginjal Kronik Yang Menjalani Terapi Hemodialisa

CHOLINA TRISA SIREGAR

2010

Jurnal nasional

PENGETAHUAN PERAWAT TENTANG KOMUNIKASI TERAPEUTIK DENGAN PERILAKU PERAWAT

CHOLINA TRISA SIREGAR

2026

Jurnal nasional

Pengaruh Mengunyah Permen Karet Rendah Gula terhadap Peningkatan Sekresi Saliva pada Pasien yang Menjalani Terapi Hemodialisa di RSUD Langsa

CHOLINA TRISA SIREGAR

Researches

2025

Riset Andalan Perguruan Tinggi dan Industri

Efektifitas Training Preceptorship terhadap Kemampuan Supervisi Preceptor di Rumah Sakit

RIKA ENDAH NURHIDAYAH , REISY TANE , CHOLINA TRISA SIREGAR , ERNIYATI

2024

Ipteks Bagi Masyarakat

Pengetahuan dan Persepsi Keluarga dalam Perawatan Ibu Hamil dan Pelayanan ANC di Wilayah Kerja Puskesmas Kampung Baru

CHOLINA TRISA SIREGAR , ERNIYATI , SITI SAIDAH NASUTION

2022

Penelitian Dana Lokal Perguruan Tinggi

Analisis Spasial dan Faktor Risiko TB Anak di Kota Medan

WINNI R. E. TUMANGGOR , HALINDA SARI LUBIS , SRI RAHAYU SANUSI , INDRA CHAHAYA , IZZAH DIENILLAH SARAGIH , DEVI NURAINI SANTI , CHOLINA TRISA SIREGAR , NOVRIAL

2022

Penelitian Dana Lokal Perguruan Tinggi

â€œStudi Cross Sectional terhadap Pengetahuan, Kenyamanan dan Kepercayaan Diri Perawat dalam Merawat Orang dengan Intellectual Disability dan Autism di Kota Medanâ€

CHOLINA TRISA SIREGAR , ROXSANA DEVI TUMANGGOR

2021

Penelitian Unggulan Perguruan Tinggi

Penerapan Lean Six Sigma pada SDM Keperawatan dalam Menghadapi Pandemi COVID-19 Guna Meningkatkan Kaeunggulan Bersaing di RS USU Medan

RENI ASMARA ARIGA , CHOLINA TRISA SIREGAR

2021

Ipteks

PENGARUH MODEL PROMOSI KESEHATAN MELALUI METODE PEER GROUP EDUCATION TERHADAP PERUBAHAN INTENSI PERILAKU KESEHATAN PADA REMAJA PADA MASA PANDEMI

LUFTHIANI , NUNUNG FEBRIANY SITEPU , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR

2019
Penelitian Dana Lokal Perguruan Tinggi

Use King's Theory to Improve Diabetics self-care

ROYMOND H SIMAMORA , LUFTHIANI , EVIKAROTA , JENNY MARLINDAWANI PURBA , CHOLINA TRISA SIREGAR

2016
Penelitian Dana Lokal Perguruan Tinggi

Implementasi Preceptorship Menurut Perspektif Perseptor dan Perseptee Di RSUP Haji Adam Malik Medan

RIKA ENDAH NURHIDAYAH , YESI ARIANI , CHOLINA TRISA SIREGAR

Community Services

2024
Ipteks Bagi Masyarakat

Peningkatan Kapasitas Masyarakat Untuk Mewujudkan Desa Meat sebagai Desa Wisata Sehat Jiwa Berbasis Kearifan Lokal di Kecamatan Tampahan Kabupaten Toba

JOSETTA MARIA REMILA TUAPATTINAJA , RONALD LEONARDO SIREGAR , JENNY MARLINDAWANI PURBA , CHOLINA TRISA SIREGAR

2022
Ipteks Bagi Masyarakat

Pelatihan Pembelajaran Informasi Komprehensif pada Kelompok Ibu Usia Produktif dalam Upaya Gerakan Pencegahan dan Peduli (GERCEP) Kanker Serviks di Masyarakat

LUFTHIANI , EVIKAROTA , SURI MUTIA SIREGAR , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR

2021
Ipteks Bagi Masyarakat

PEMBERDAYAAN KELOMPOK IBU RUMAH TANGGA DALAM PEMENUHAN GIZI KELUARGA MELALUI PEMBENTUKAN KELUARGA BEKAM (BERMUTU, KREATIF, DAN MANDIRI) DI KECAMATAN BIRU-BIRU

LUFTHIANI , INDRA CHAHAYA , CHOLINA TRISA SIREGAR

2019
Ipteks Bagi Masyarakat

PENERAPAN METODE BERMAIN SAMBIL BELAJAR (BERSABAR) DENGAN MEMBENTUK KADER BOCAH CINTA LINGKUNGAN (BOCIL) DALAM MENCAPAI SEKOLAH DASAR BERSIH DAN SEHAT (SD-BS)

WINNI R. E. TUMANGGOR , INDRA CHAHAYA , CHOLINA TRISA SIREGAR

Intellectual Property Rights

2025
Hak cipta nasional

Buku Diary Pasien Hemodialisis

KHAIRUNNISA , CHOLINA TRISA SIREGAR , RIRI ANDRI MUZASTI

2025
Hak cipta nasional

Modul Edukasi Pasien Hemodialisis

KHAIRUNNISA , CHOLINA TRISA SIREGAR , RIRI ANDRI MUZASTI

2025
Hak cipta nasional

Panduan Wawancara

KHAIRUNNISA , CHOLINA TRISA SIREGAR , RIRI ANDRI MUZASTI

2022
Hak cipta nasional

KADARZI (Keluarga sadar Gizi)

CHOLINA TRISA SIREGAR

2021

Hak cipta nasional

Self-Acceptance of Chronic Caused Failure patients that have A Hemodialysis in Medan

CHOLINA TRISA SIREGAR

2021

Hak cipta nasional

Modul Penyakit Dan Pencegahan Masalah Kesehatan Anak di Rumah

NUNUNG FEBRIANY SITEPU , SITI ZAHARA NASUTION , CHOLINA TRISA SIREGAR , LUFTHIANI

2021

Hak cipta nasional

Gizi Seimbang keluarga

CHOLINA TRISA SIREGAR

2021

Hak cipta nasional

Karya Sinematografi: Penerapan Metode Bermain Sambil Belajar (Bersabar) dengan membentuk Kader Bocah Cinta Lingkungan (Bocil) dalam Mencapai Sekolah Dasar Bersih dan Sehat (SD-BS)

WINNI R. E. TUMANGGOR , CHOLINA TRISA SIREGAR , INDRA CHAHAYA

2019

Hak cipta nasional

Video Edukasi Ruang penkes Perawatan Kaki Diabetes

CHOLINA TRISA SIREGAR , EVIKAROTA , LUFTHIANI

2019

Hak cipta nasional

Form Pengkajian Pasien Hemodialisis menggunakan Data Base

CHOLINA TRISA SIREGAR

2018

Hak cipta nasional

Panduan menggunakan System database Pemantauan Pasien Hemodialisa

CHOLINA TRISA SIREGAR
